



CLIENT CONTRACT

CLIENT NAME: _____

CLIENT EMAIL: _____

COACHING SESSION TYPE: _____

AGE GROUP: _____

TENTATIVE START DATE: _____

COACHING AGREEMENT

This agreement is made between Sheena Catledge ("Coach") and _____ ("Client") on this ____ day of _____, 20____. Both parties agree to the following:

Coaching is a collaborative process with an ongoing relationship between the Client and Coach. The coaching experience supports the Client in establishing new behaviors. The coaching relationship is strengths-based, forward-looking, and collaborative. The coaching agenda is developed and implemented in partnership between the Client and Coach. The role of the Coach is to help the Client progress toward achieving a goal or goals.

- The Client and Coach agree to engage fully in the coaching experience.
- The Client recognizes that coaching is not therapy, counseling, or consulting.



COACHING COMMITMENT

By entering into this relationship, the Client and Coach acknowledge that the Client desires to make a behavioral change or some type of improvement in his or her life. Behavioral change often takes time to implement and sustain. The pace of change is uncertain and varies amongst individuals. As such, the Client and Coach agree to an "as-needed" session relationship.

CONFIDENTIALITY

The Coach agrees to keep all conversations and information with the Client private and confidential, as allowable by law. No personal information will be shared with anyone without the Client's express permission. Exceptions may be made if there is an imminent threat of serious injury to oneself or someone else.

From time to time, the Coach may share the nature of the coaching session, without any Client identifying details, with either another coaching professional or mentor for the purpose of the Coach seeking guidance or with students and readers for educational purposes.

COACHING SESSION PROCEDURES

Courage to Triumph Coaching sessions may occur by phone or through video conference, depending on the venue that works best for the Client and what coaching option is selected.

- The Coach and Client agree to adhere to established appointment times.
- The Coach and Client agree to begin and finish all appointments on time. If the Client is more than 15 minutes late to an appointment, the Coach will assume that the appointment is canceled and the Client will be responsible for the full coaching fee. If the Coach is more than 15 minutes late to an appointment, the Client may assume that the session is canceled and the Client shall not be responsible for any payment for that session.



CANCELLATION POLICY

The Client agrees to cancel or reschedule an appointment at least 24 hours in advance. Client acknowledges the right of the Coach to deny future bookings for service if failure to abide by the 24 hour advance cancellation or rescheduling policy.

Please remember, a scheduled appointment is time reserved especially for you. Usually if you cancel at the last minute, the reserved spot can not be easily rescheduled. Emergency cancellations are not subject to denial future bookings and shall be evaluated accordingly.

COACHING FEES

Courage to Triumph Coaching is tailored to 2 different audiences: pre-teens and teens/young adults. The Client and Coach agree to an "as-needed" session relationship.

- Courage to Triumph Coaching for pre-teens is available for verified grade-age students at a much lower rate than a normal coaching program.
- All refunds are discretionary as determined by Elite Care Wellness Coaching, LLC. If you download all the materials, take advantage of the special/discounts, and then ask for a refund, we reserve the right to deny your request. Stealing our material is NOT covered under this policy.
- Fees are payable prior to each coaching session.
- Payments may be made by credit card or electronic funds transfer (EFT).

TERMINATION OF AGREEMENT

Either party may terminate this Agreement at any time. The Coach has the right to terminate the coaching relationship at her discretion at any time and for any reason. If this occurs, the Coach will refund the Client any pre-payment of coaching sessions that did not occur.



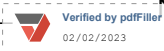
LIMITED LIABILITY

The Coach makes no guarantees, representations, or warranties of any kind or nature, expressed or implied with respect to the coaching services negotiated, agreed upon and rendered. In no event shall the Coach be liable to the Client for any indirect, consequential, or special damages. Notwithstanding any damages that the Client may incur, the Coach's entire liability under this Agreement, and the Client's exclusive remedy, shall be limited to the amount actually paid by the Client to the Coach under this Agreement for all coaching services rendered through and including the termination date. The Client agrees that the Coach is not liable or responsible for any actions or inactions, or for any direct or indirect result of any services provided by the Coach.

The Parties agree to the terms and conditions set forth above as demonstrated by their signatures as follows

COACH

NAME: Sheena Catledge
SIGNATURE: *Sheena Catledge*
DATE: _____



CLIENT

NAME: _____
SIGNATURE: _____
DATE: _____

GUARDIAN

NAME: _____
SIGNATURE: _____
DATE: _____

"Your present circumstances don't determine where you go; they merely determine where you start."

~Nido Qubein